



# LEANDER SPARTANS ALL TIME TOP PERFORMANCE LIST

## Girls Indoor

### 55m Dash

**6.81 - Autumn Wilson - 2022**  
6.99 - Aaliyah Barnes - 2024  
7.13 - Violet Hewett - 2024  
7.20 - Montserrat Rodriguez-Ejarque - 2022  
7.22 - Meghan Wilcox - 2021  
7.24 - Chayse Madison Haire - 2024  
7.29 - Camryn Wilson - 2023  
7.34 - McKenzie McElroy - 2024  
7.58 - Gabriella Curtis - 2024

### 60m Dash

**7.26 - Autumn Wilson - 2022**  
7.40 - Aaliyah Barnes - 2024  
7.55 - Taylor Nunez - 2024  
7.55 - Violet Hewett - 2024  
7.67 - Meghan Wilcox - 2021  
7.68 - Hali Murphy - 2021  
7.70 - Chayse Madison Haire - 2024  
7.73 - Montserrat Rodriguez-Ejarque - 2022  
7.81 - Trinity Henderson - 2021  
7.85 - Camryn Wilson - 2023

### 200m Dash

**23.53 - Autumn Wilson - 2022**  
24.11 - Hali Murphy - 2021  
24.14 - Aaliyah Barnes - 2024  
24.28 - Taylor Nunez - 2024  
24.50 - Devyn Henderson - 2024  
24.64 - Nia Thompson - 2024  
24.84 - Meghan Wilcox - 2021  
24.93 - Violet Hewett - 2024  
25.03 - Chayse Madison Haire - 2024  
25.23 - Camryn Wilson - 2024

### 300m Dash

**38.93 - Hali Murphy - 2021**  
40.50 - Devyn Henderson - 2024  
40.54 - Aaliyah Barnes - 2023  
43.73 - Nia Thompson - 2023

### 400m Dash

**54.70 - Hali Murphy**  
56.28 - Mya Harris - 2023  
57.13 - Zya Gibbs  
57.26 - Taylor Rioux - 2020  
57.27 - McKenzie McElroy  
59.26 - Claire Cook  
59.30 - Elizabeth Roca - 2019  
59.37 - Raniya Laneau - 2020  
59.66 - Aaliyah Barnes - 2022  
59.87 - Price Janecek - 2020

### 800m Dash

**2:18.85 - Price Janecek - 2020**  
2:19.47 - Claire Cook - 2024  
2:22.24 - Zya Gibbs - 2024  
2:23.42 - Lillian Jacobson - 2022  
2:24.73 - Regan Marshall - 2022  
2:28.91 - Avery Frank

### Mile Run

**5:39.43 - Avery Frank - 2024**

### 1600m Run

### 60m Hurdles

**9.73 - Erin Kolenda - 2023**  
9.92 - Caraline Rangel - 2023  
9.95 - Krista Skipp - 2020

### Long Jump

**18' 10.75 - Nia Thompson - 2024**  
16' 11.5 - McKenzie McElroy  
16' 0" - Anabella Ninomiya - 2020

### Triple Jump

### High Jump

**5' 1" - Camryn Wilson - 2023**  
4' 6" - Zoe Bringmann - 2023

### Shot Put

### Weight Throw

## Girls Outdoor

### 100m Dash

**11.14 - Autumn Wilson - 2022**  
11.38 - Violet Hewett - 2024  
11.48 - Taylor Nunez - 2024  
11.53 - Hali Murphy - 2021  
11.61 - Trinity Henderson - 2021

### 200m Dash

**23.14 - Autumn Wilson - 2022**  
23.42 - Taylor Nunez - 2023  
23.69 - Hali Murphy - 2021  
23.81 - Trinity Henderson - 2021  
24.08 - Aaliyah Barnes - 2024

### 400m Dash

**53.23 - Hali Murphy - 2021**  
55.37 - Trinity Henderson - 2021  
55.98 - Elizabeth Roca - 2019  
56.31 - Aaliyah Barnes - 2023  
56.57 - Zya Gibbs - 2024

11.66 - Aaliyah Barnes - 2023  
11.71 - Meghan Wilcox - 2021  
11.78 - Montserrat Rodriguez-Ejarque - 2022  
11.97 - Chayse Madison Haire - 2023  
11.99 - Camryn Wilson - 2024

### 800m Dash

**2:13.41 - Claire Cook - 2023**  
2:14.37 - Zya Gibbs - 2024  
2:17.17 - Price Janecek - 2020  
2:21.12 - Avery Frank - 2024  
2:24.82 - Mya Medrano - 2019  
2:24.89 - Regan Marshall - 2022  
2:26.28 - Lilian Jacobson - 2021  
2:27.51 - Adelaide Murphy - 2022

### 3000m Run

### 400m Hurdles

**1:05.54 - Erin Kolenda - 2022**

### High Jump

**5' 8" - Chloe Coffee - 2020**  
5' 4" - Camryn Wilson - 2022  
5' 3" - Zoe Bringmann - 2023  
5' 0" - Mya Harris - 2024  
4' 8" - Zya Gibbs - 2022  
4' 6" - Nandhi Brown - 2015

### Discus

**75' 7.25" - Dara Francois - 2017**  
72' 4" - Erin Kolenda - 2020

24.21 - Violet Hewett - 2024  
24.26 - Meghan Wilcox - 2021  
24.34 - Montserrat Rodriguez-Ejarque - 2022  
24.76 - Nia Thompson - 2023  
24.98 - Chayse Madison Haire - 2023

### 1500m Run

**5:20.83 - Adelaide Murphy 2023**

### 3200m Run

**11:22.32 - Avery Frank - 2024**

### Long Jump

**20' 8.5" - Taylor Nunez - 2023**  
19' 2" - Nia Thompson - 2024  
18' 10" - Zoe Bringmann - 2024  
18' 4" - Meghan Wilcox - 2022  
18' 4" - McKenzie McElroy - 2023  
18' 1.5" - Violet Hewett - 2024  
18' 0.75" - Aaliyah Barnes - 2023  
17' 2.25" - Annabella Ninomiya - 2020  
17' 4.5" - Hali Murphy - 2022  
16' 6.5" - Nandhi Brown - 2018

### Shot Put

**35' 3.5" - Dara Francois - 2017**  
24' 11" - Nandhi Brown - 2018

### Heptathlon

**3138 - Nandhi Brown - 2018**

56.60 - Taylor Rioux - 2020  
56.90 - Rhea Miles - 2018  
57.10 - Mya Harris - 2024  
57.46 - Tiffani Mays - 2016  
57.85 - McKenzie McElroy - 2024

### 1600m Run

**5:15.97 - Avery Frank - 2024**  
5:43.70 - Adelaide Murphy 2023

### 100m Hurdles

**14.22 - Erin Kolenda - 2022**  
15.68 - Nandhi Brown - 2018  
15.78 - Caraline Rangel - 2023  
15.90 - Krista Skipp - 2019

### Triple Jump

**37' 4" - Violet Hewett - 2024**  
34' 2.5" - Eva Zimmerman  
33' 9" - Nandhi Brown - 2018

### Javelin

**95' 9" - Nandhi Brown - 2018**  
71' 4" - Dara Francois - 2017

## Boys Indoor

### 55m Dash

**6.50 - Ty Smedes - 2023**

### 60m Dash

**6.94 - Zayden Sharpe - 2024**

### 200m Dash

**21.84 - Ty Smedes - 2023**

6.57 - Garrett Redden - 2023  
6.58 - Aiden Castanon - 2022  
6.60 - Zayden Sharpe - 2023  
6:76 - Sebastian Evans  
6.77 - Rodney Webber - 2019

### 300m Dash

Jaxon Plunkett

### Mile Run

**4:34.06 - Jace Poole - 2022**  
4:36.63 - Korban Murphy - 2023  
4:53.17 - Ganesh Kumarappan - 2022

### Long Jump

**20' 5.25" - Spencer Williams - 2022**  
19' 9.75" - Tye Robinson - 2024

### Shot Put

**51' 8.75" - Cameron Morrison - 2023**

6:98 - Ty Smedes - 2023  
6.98 - Garrett Redden - 2024  
7.03 - Aiden Castanon - 2022  
7.11 - Jonathan Lee - 2023  
7.22 - Rodney Webber - 2019  
7.22 - Jaxon Plunkett - 2024  
7.24 - Daniel Mitre - 2020  
7.28 - Sebastian Evans - 2023  
7.28 - Tye Robinson - 2024

### 400m Dash

**49.82 - Landon Kempema - 2023**  
50.46 - Colton Conyers - 2023  
50.73 - Jaxon Plunkett - 2023  
51.37 - Gavin Davis - 2018  
51.43 - Kendrick Hicks - 2023  
51.59 - Korban Murphy - 2023  
52.09 - Beltre Curtis - 2024  
52.27 - Liam Simmons - 2024  
53.46 - Garrett Lamm - 2024

### 1600m Run

**4:44.03 - Korban Murphy - 2023**  
4:57.38 - Ganesh Kumarappan - 2022

### Triple Jump

### Weight Throw

22.36 - Jonathan Lee - 2023  
22.40 - Conton Conyers - 2023  
22.50 - Aiden Castanon - 2022  
22.50 - Zayden Sharpe - 2024  
22.79 - Gavin Davis - 2018  
22.91 - Liam Simmons - 2024  
22.93 - Landon Kempema - 2022  
22.93 - Jaxon Plunkett - 2024  
22.97 - Rodney Webber - 2019

### 800m Dash

**1:57.34 - Korban Murphy - 2023**  
1:57.63 - Landon Kempema - 2023  
1:59.59 - Preston Sanderville - 2022

### 60m Hurdles

**8.41 - Nicholas Grulon - 2022**  
8.60 - Jaxon Plunkett - 2024

### High Jump

### High Jump

## Boys Outdoor

### 100m Dash

**10.40 - Zayden Shape - 2024**  
10.55 - Ty Smedes - 2023  
10.57 - Jake Chu - 2024  
10.67 - Daniel Mitre - 2019  
10.69 - Spencer Harvey - 2023  
10.81 - Spencer Williams - 2022  
10.91 - Brent Prada - 2014  
10.97 - Rodney Webber - 2019  
11.01 - Sean Lin - 2022  
11.10 - Derek Yates - 2023

### 800m Dash

**1:53.87 - Landon Kempema - 2023**  
1:54.43 - Korban Murphy - 2023  
1:57.64 - Jaxon Plunkett - 2024  
1:58.13 - Gavin Davis - 2016

### 200m Dash

**21.70 - Colton Conyers - 2023**  
21.76 - Ty Smedes - 2023  
21.83 - Spencer Harvey - 2023  
22.13 - Gavin Davis - 2017  
22.31 - Liam Simons - 2024  
22.35 - Michael Denmon - 2012  
22.37 - Daniel Mitre - 2019  
22.39 - Robney Webber - 2019  
22.47 - Derek Yates - 2023  
22.53 - Jonathan Lee - 2022

### 1500m Run

**4:07.87 - Korban Murphy - 2023**  
4:20.94 - Brittan Samford - 2021  
4:37.79 - Mitch Archer - 2021  
4:39.48 - Dylan Schaible - 2019

### 400m Dash

**48.59 - Gavin Davis - 2016**  
48.87 - Colton Conyers - 2023  
49.15 - Landon Kempema - 2024  
49.97 - Spencer Harvey - 2023  
49.25 - Brandon McKissick - 2018  
49.22 - Michael Denmon - 2012  
49.98 - Liam Simmons - 2024  
50.52 - Korban Murphy - 2023  
50.59 - Beltre Curtis - 2024  
51.05 - Kendrick Hicks - 2024

### 1600m Run

**4:13.93 - Jace Poole - 2022**  
4:29.73 - Ganesh Kumarappan - 2022  
4:28.82 - Korban Murphy - 2023  
4:46.74 - Mitch Archer - 2021

2:00.20 - Peyton Chriswisser - 2019  
2:02.04 - Nate Hatter - 2016  
2:02.37 - Lance Fruhling - 2024  
2:03.83 - Jace Poole - 2019  
2:04.47 - Joseph Pezold - 2019  
2:05.67 - Wyatt Shoaff - 2023

### **3000m Run**

**9:29.30 - Korban Murphy - 2023**  
9:39.55 - Brittan Samford - 2021  
9:55.00 - Ganesh Kumarappan - 2022  
10:10.13 - Mitch Archer - 2021  
10:26.02 - Blake Stowers - 2022  
10:52.95 - Wyatt Shoaff - 2021

### **400m Hurdles**

**43.90 - Nicholas Grulon - 2022**  
56.32 - Jaxon Plunket - 2023  
57.31 - Kameron Farmer - 2018  
1:00.05 - Liam Scheuber - 2022  
1:04.07 - Braylon McCoy - 2023  
1:04.10 - John Henry - 2023

### **High Jump**

**6' 9.75" - Nicholas Grulon - 2022**  
6' 2" - Jace Lilljedahl - 2020  
5' 6" - Kameron Farmer - 2017  
5' 2" - John Henry - 2024

### **Javelin**

**146' 7.75" - Jace Lilljedahl - 2020**  
146' 7" - Lucas Cummings - 2019  
137' 4" - John Henry - 2024  
110' 11" - Jacob Epele - 2019  
99' 6" - Aiden Abucejo - 2019  
78' 0" - Cristion Davis - 2018

4:44.43 - Wyatt Shoaff - 2021  
4:49.03 - Zhamar Pie - 2023  
4:48.00 - Blake Stowers - 2022

### **3200m Run**

**9:14.33 - Jace Poole - 2022**  
10:27.55 - Lance Fruhling - 2024  
10:32.22 - Korban Murphy - 2023  
10:32.84 - Brittan Samford - 2021  
10:35.13 - Mitch Archer - 2021  
11:42.73 - Blake Stowers - 2022

### **Long Jump**

**23' 0" - Zayden Sharpe - 2024**  
22' 8" - Nicholas Grulon - 2022  
22' 0.5" - Spencer Williams - 2021  
21' 8" - Stephen Wilson - 2017  
20' 9.5" - Jacob Jenkins - 2019  
20' 1.5" - Ali Francios - 2013  
19' 11.5" - Tye Robinson - 2023  
19' 6.75" - RJ McCoy - 2016  
19' 6" - Liam Simmons - 2024  
19' 4" - Connor Stephens - 2024

### **Shot Put**

**62' 0.25" - Cristion Davis - 2022**  
57' 2" - Cameron Morrison - 2024  
44' 6" - Jacob Epple - 2021  
40' 4" - Lucas Cummings - 2019  
40' 1" - Jace Lilljedahl - 2020  
38' 0" - Arturo Alcantar - 2023  
35' 7.25" - Aiden Abucejo - 2019  
31' 11.5" - John Henry - 2023

### **Decathlon**

**John Henry - 4301 - 2023**

4:46.78 - Lance Fruhling - 2024  
4:48.61 - Brittan Samford - 2021  
5:06.99 - Zhamar Pie - 2024  
5:08.82 - Dylan Schaible - 2019  
5:10.47 - Elijah Granados - 2024  
5:20.14 - Wyatt Shoaff - 2021

### **110m Hurdles**

**14.36 - Nicholas Grulon - 2022**  
14.51 - Liam Scheuber - 2023  
15.18 - Jaxon Plunkett - 2023  
15.53 - Braylon McCoy - 2023  
15.72 - Kameron Farmer - 2019  
15.95 - Mattvey Carter - 2017  
16.17 - Stephen Wilson - 2017  
16.60 - Brandon McKissick - 2017

### **Triple Jump**

**44' 4.5" - Jacob Jenkins - 2019**  
42' 7" - Ali Francios - 2014  
41' 5" - Liam Simmons - 2024  
36' 4" - Jace Poole - 2018

### **Discus**

**190' 10" - Cristion Davis - 2019**  
166' 0" - Cameron Morrison - 2024  
126' 2" - Arturo Alcantar - 2023  
121' 1" - Brittan Samford - 2021  
114' 8.5" - Lucas Cummings - 2018  
110' 0" - Jacob Epele - 2019  
109' 10" - John Henry - 2024  
103' 6" - Aiden Abucejo - 2019

### **High Jump**